



# Munch Lunch Menu

## Spring / Summer 2020



# The Marylebone Project

We are a part of The Marylebone Project; the largest women-only homelessness service in London. The charity provides a life-changing service, responsive to the specific needs of homeless women through a Drop-in Day Centre and the provision of c.40,000 nights of accommodation every year.

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Made in Marylebone is a social enterprise, run by the Marylebone Project. Our mission is to equip the women at the Marylebone Project with the skills and training needed for employment.

We are one social enterprise, with two distinct arms; Munch in Marylebone and Space in Marylebone.

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Our catering business, Munch in Marylebone, provides delicious homemade food for lunches and events in London. Our food is freshly prepared by our professional chef and a team of women from the project.

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Space in Marylebone offers three versatile meeting rooms in the heart of central London. We provide a professional and personal service, tailored to meet your needs.



# Munch Lunch

MUNCH IN MARYLEBONE



## Sandwiches

### Meat/Fish

Berbere Spiced Chicken Wraps

*African spiced chicken with salad and a mayonnaise dressing*

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Slow-cooked Pulled Ham Crusty Rolls

*With apple coleslaw and mayonnaise*

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Crab & Egg Petit Brioche

*With salad and an avocado dressing*

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Italian Mortadella Pork Sandwiches

*With salad and roasted pepper & olive tapenade*

### Vegetarian

Brie & Fig Chutney Petit Pains (V)

*With rocket, grapes and tomatoes*

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Chickpea & Spinach Masala Wraps (V)

*Curried chickpeas with salad and yoghurt*

### Vegan

BBQ Jerk Jackfruit Baps (VG)

*With roasted sweet potato, black eye beans, salad and a mango and coriander dressing*

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Vegan Hoisin "Duck" Steamed Buns (VG)

*Shredded soya wheat in hoisin sauce with pickled cucumber, carrot and spring onion*

(V) - Vegetarian, (VG) - Vegan



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MUNCH IN MARYLEBONE



## Salads

Grilled Asparagus, Broccoli & New Potato (V)  
*With mixed green leaves and a honey & mustard dressing*

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Roast Vegetable & Blue Cheese (V)  
*Roasted Mediterranean vegetables with blue cheese and a balsamic glaze*

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Thai Rice Noodle & Soya Bean (VG)  
*With crunchy salad and a lemongrass & chilli dressing*

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Roast Chickpea & Cauliflower (VG)  
*Spiced chickpea and cauliflower with mixed leaves, tomatoes and a tahini dressing*

## Dessert

Chocolate Brownies (V)

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Rhubarb and Orange Crumble Cake (V)

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Lime Coconut Cake (VG)

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Fruit Platter (VG)

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## Prices

Lunch Buffet Option A:

Please select 2 sandwich choices and 1 salad choice for your buffet  
£10.50 per person (incl. VAT)

Lunch Buffet Option B:

Please select 3 sandwich choices and 2 salad choices for your buffet  
£12.50 per person (incl. VAT)

Please note, our lunches are served in buffet style, we cannot cater for individual orders.

*Fancy adding a little something extra?*

Extra salad or sandwich option: £2.00 per person (incl. VAT)

Dessert option (excl. Fruit Platter): £2.00 per person (incl. VAT)

Fruit platter: £35.00 (incl. VAT) per platter - recommended for up to 20 people.

Soft drinks: Please enquire for prices

(V) - Vegetarian, (VG) - Vegan

# Thank you!

By ordering from us, you are supporting the Marylebone Project, a charity which empowers homeless women towards independent living.

## Allergies

Please let us know of any allergies or dietary requirements when you place your order. Please note all our food is prepared in one kitchen, therefore food may contain traces of allergens.

## Order change

Orders can be changed up to 5 working days prior to the event. After this period, every endeavour will be made to accommodate requests, but may also be subject to price changes.

## Cancellation policy

If a cancellation is made within 5 working days of the booking, the full amount will be charged.

## Delivery

We can deliver our food anywhere in London zones 1 and 2. Delivery is charged based on location and size of order, please contact us for a quote.

## Contact

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